









### FIERCE WEDNESDAYS

Hey FIERCE Mama,

Welcome to the FIERCE Wednesdays newsletter, where I provide weekly tips to help burned-out moms find purpose and love life. I do this every other week through my FIERCE methodology, which you can read in four minutes or less. Each tip will fall into one of my six-step FIERCE methodology steps. Click <a href="here">here</a> to learn more about the FIERCE methodology. The weekly tips also come through the podcast episode guest highlights on alternating weeks.

In today's <u>episode</u> of the FIERCE Mothers' Podcast, I sit down with Dupe Akinyede, the Chief Information Officer of Residio Technologies Inc., a Honeywell spinoff with over \$6 Billion in revenue.

Dupe, a London School of Economics graduate, embarked on her career journey as a Certified Accountant at Ernst and Young in search of career opportunities and inspiration. Little did she know her path would lead to a remarkable career in technology leadership.

With over three decades of experience delivering value through people, processes, and technology, Dupe is a passionate leader dedicated to nurturing her team's growth and creating value in every endeavor. But that's not all she is – Dupe is also a dedicated wife, a fierce mother of three, and a wanderlust traveler with a penchant for reading.

In today's episode, Dupe gives us a glimpse into her life, exploring her guiding principles for life and motherhood. We discover the key tenets that have steered her incredible journey from her early days at Ernst and Young to becoming a CIO.

Dupe discusses her leadership philosophies and how she inspires and mentors others, especially women, on the path to Executive Leadership. This episode provides insights, advice, and inspiration for our fierce mothers and aspiring leaders.

To listen, click <u>here</u>.

Don't hesitate to reach out if you want a personalized approach to help you end the year with a bang. Click <a href="here">here</a> to schedule a quick call with me.

Can you think of someone who may benefit from these positive weekly words of encouragement? Please forward this email along.

Was this email forwarded to you? <u>Sign up</u> to receive your weekly dose of encouragement and motivation in your inbox.

Was this email beneficial? Please reply and let me know. I read every email.

## QUOTE OF THE DAY

"The question isn't who's going to let me, it's who's going to stop me." - Ayn Rand.

Stay FIERCE. I love you, Ugochi

# **Episode 64**

Click to Listen



### Whenever you're ready, there are two ways I can help you:

- 1. The FIERCE Catch Fire Kit The kit is <u>available!</u> What if you could be the mother your family needs without putting your dreams on the back burner? Your goals still matter; going after them is possible without neglecting your family. I'll show you how. Your purchase makes a difference! 15% of all bundle proceeds go toward my non-profit project helping vulnerable children in Nigeria. Click <u>here</u> to learn more.
- 2. If you would like a more customized and personalized approach, it would be my absolute pleasure to work with you 1:1. Reply to this email or book a call and let's chat.







#### **FIERCE Mothers**

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