



FIERCE WEDNESDAYS

Hey FIERCE Mama,

Welcome to the FIERCE Wednesdays newsletter, where I provide weekly tips to help burned-out moms find purpose and love life. I do this every other week through my FIERCE methodology, which you can read in four minutes or less. Each tip will fall into one of my six-step FIERCE methodology steps. Click [here](#) to learn more about the FIERCE methodology. The weekly tips also come through the podcast episode guest highlights on alternating weeks.

In the final episode of the second season of the FIERCE Mothers podcast, I take a trip down memory lane and recap some of the fantastic conversations I had with the inspiring guests.

It's been an incredible journey exploring many topics, meeting inspiring individuals, and delving into the depths of personal

and professional growth.

This season was filled with diverse stories, valuable insights, and empowering conversations. We want to express our deepest gratitude to all our guests and listeners who have joined us on this incredible journey. The link to catch any of the past episodes is [here](#).

As we wrap up this season, we want to remind you to continue living the FIERCE life. The FIERCE Methodology serves as your guide:

F is for First Things First – Question the reason for it all, replacing drudgery with purpose and intention.

I is for I Am – Knowing who you are grounds you, making you resistant to other people's opinions and leading to greater self-affirmation.

E is for Engine – Learn the importance of self-care and maintaining your engine for optimal performance.

R is for Relationships – Emphasize the importance of others in your life; success is not a solo journey.

C is for Chief Financial Officer – You are the CFO of your life; becoming financially savvy leads to success in other areas.

E is for Execution – Knowledge without action is wasted; take specific actions to achieve the next level.

We'll take a short break and return in the new year with more inspiring stories and insightful conversations. In the meantime, we encourage you to live the FIERCE life, embracing the principles we've explored together.

If you've been inspired and are ready to take the next steps in your journey, consider scheduling a call with me. I'd love to connect with you and explore how we can work together to help you achieve your goals.

Don't hesitate to reach out if you want a personalized approach to help you end the year with a bang. Click [here](#) to schedule a quick call with me.

Can you think of someone who may benefit from these positive weekly words of encouragement? Please forward this email

along.

Was this email forwarded to you? [Sign up](#) to receive your weekly dose of encouragement and motivation in your inbox.

Was this email beneficial? Please reply and let me know. I read every email.

QUOTE OF THE DAY

"To everything, there is a season and a time to every purpose under the heaven." - Ecclesiastes 3:1

Stay FIERCE. I love you,

Ugochi

Episode 65

[Click to Listen](#)



**EPISODE 65
REFLECT, REJOICE, RENEW-
WRAPPING UP A SEASON OF
INSPIRATION**



Whenever you're ready, there are two ways I can help you:

1. The FIERCE Catch Fire Kit - The kit is [available](#)! What if you could be the mother your family needs without putting your dreams on the back burner? Your goals still matter; going after them is possible without neglecting your family. I'll show you how. Your purchase makes a difference! 15% of all bundle proceeds go toward my non-profit project helping vulnerable children in Nigeria. Click [here](#) to learn more.

2. If you would like a more customized and personalized approach, it would be my absolute pleasure to work with you 1:1. Reply to this email or [book a call](#) and let's [chat](#).



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