



FIERCE WEDNESDAYS

Hey FIERCE Mama,

Welcome to the FIERCE Wednesdays newsletter, where I provide weekly tips to help burned-out moms find purpose and love life. I do this every other week through my FIERCE methodology, which you can read in four minutes or less. Each tip will fall into one of my six-step FIERCE methodology steps. Click [here](#) to learn more about the FIERCE methodology.

Can you think of someone who may benefit from these positive weekly words of encouragement? Please forward this email along.

Every story begins with some variation of "**Once Upon a Time**" and ends with "**The End.**" It's a timeless narrative structure that encapsulates the essence of our journeys.

Today, we delve into the pages of our stories. Are they weaving tales of significance and legacy?

Once upon a time, we each embarked on life's journey. At some point, we may have discovered that we are unique, powerful beings with the promise of a magnificent future, but we were uncertain how to attain this future.

As mothers of vision, we yearn for an end marked by legacy, significance, and fulfillment. We envision a finale where our lives leave an indelible mark on our children and world.

What is your "Once upon a time?" Reflect on the moments that shaped you, the challenges that built your character, and the triumphs that defined your strength.

What do you want your end to be?

Let's have tea to discuss this.

Our stories are still being written, and therein lies the beauty. The beauty of our stories lies not only in the experiences we accumulate but in the intentional crafting of the narrative toward a desired conclusion. What legacy do you want to leave? What significance do you aim to achieve?

Today, take a moment to evaluate the story being written about you. Is it aligning with your aspirations and goals? If you still need to, you can start to rewrite that story.

Here are two key steps to consider if you desire to reshape your narrative:

Reflect and Redefine:

Take a pause and reflect on your current storyline. Identify the aspects that resonate with your true self and those that deviate.

Redefine your narrative by setting intentional goals. What chapters do you want to add? What themes do you want to amplify? Make conscious choices that align with your vision.

Take Purposeful Action:

Once you've redefined your story, take purposeful action. Break down your goals into actionable steps.

Surround yourself with a supportive cast of characters — **mentors and coaches**, friends, or family — who can contribute positively to your narrative.

Would you like help with these two key steps? [Reach out for a commitment-free quick chat.](#)

Remember, the pen is in your hand, and every word you write shapes the chapters of your life. Craft a story that resonates with authenticity, purpose and the pursuit of a remarkable end.

What story is being written about you today? Make it a good one.

I pray you have a narrative filled with purpose and fulfillment.

Stay FIERCE,

Ugochi

Was this email forwarded to you? [Sign up](#) to receive your weekly dose of encouragement and motivation in your inbox.

Was this email beneficial? Please reply and let me know. I read every email.

QUOTE OF THE DAY

“The purpose of life is not just to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.” - Ralph Waldo Emerson.

Whenever you're ready, there are two ways I can help you:

1. The FIERCE Catch Fire Kit – The kit is [available](#)! What if you could be the mother your family needs without putting your dreams on the back burner? Your goals still matter; going after them is possible without neglecting your family. I'll show you how. Your purchase makes a difference! 15% of all bundle proceeds go toward my non-profit project helping vulnerable children in Nigeria. Click [here](#) to learn more.

2. If you would like a more customized and personalized approach, it would be my absolute pleasure to work with you 1:1. Reply to this email or [book a call](#) and



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