





## FIERCE WEDNESDAYS

Hey FIERCE Mama,

Welcome to the FIERCE Wednesdays newsletter, where I provide weekly tips to help burned-out moms find purpose and love life. I do this every other week through my FIERCE methodology, which you can read in four minutes or less. Each tip will fall into one of my six-step FIERCE methodology steps. Click <u>here</u> to learn more about the FIERCE methodology. The weekly tips also come through the podcast episode guest highlights on alternating weeks. Can you think of someone who may benefit from these positive weekly words of encouragement? Please forward this email along.

We are approaching the end of another incredible year, and this festive season, we extend our heartfelt thanks to everyone for being an integral part of our community.

This past year has been filled with joy, growth, stretching, and countless memorable moments. Your engagement, feedback, and encouragement have driven our efforts to create content that resonates with you. We're genuinely grateful for the support.

This holiday season, whether you're celebrating with family and friends or finding solace in solitude, may this season bring you immense joy and peace. Take a moment to embrace the holidays and create lasting memories that will carry you into the New Year.

From our hearts to yours, we wish you a Merry Christmas filled with love, laughter, and the joy of giving. May the coming year be a canvas of new opportunities, growth, and prosperity. As we bid farewell to the old and welcome the new, may your days be filled with hope, love, and countless reasons to smile.

We offer a heartfelt prayer for each one of you. May you find peace in your hearts, strength in your endeavors, and a sense of purpose in the coming year.

You are the heartbeat of our community, and we look forward to creating more memories and experiences together in the upcoming year. Your presence makes a difference, and we are grateful to have you with us on this journey. Thank you for being a part of our family, and may the holiday season fill your hearts with joy and your homes with warmth.

I pray you have a Merry Christmas and a Happy New Year!

Was this email forwarded to you? <u>Sign up</u> to receive your weekly dose of encouragement and motivation in your inbox.

Was this email beneficial? Please reply and let me know. I read every email.

## QUOTE OF THE DAY

"The holiday season is a perfect time to reflect on our blessings and seek out ways to make life better for those around us." - Terri Marshall.

Stay FIERCE. I love you, Ugochi

## Whenever you're ready, there are two ways I can help you:

1. The FIERCE Catch Fire Kit - The kit is <u>available</u>! What if you could be the mother your family needs without putting your dreams on the back burner? Your goals still matter; going after them is possible without neglecting your family. I'll show you how. Your purchase makes a difference! 15% of all bundle proceeds go toward my non-profit project helping vulnerable children in Nigeria. Click <u>here</u> to learn more.

2. If you would like a more customized and personalized approach, it would be my absolute pleasure to work with you 1:1. Reply to this email or book a call and let's <u>chat</u>.







## **FIERCE Mothers**

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