



FIERCE WEDNESDAYS

Hey FIERCE Mama,

Welcome to the FIERCE Wednesdays newsletter, where I provide weekly tips to help burned-out moms find purpose and love life. I do this every other week through my FIERCE methodology, which you can read in four minutes or less. Each tip will fall into one of my six-step FIERCE methodology steps. Click [here](#) to learn more about the FIERCE methodology.

Can you think of someone who may benefit from these positive weekly words of encouragement? Please forward this email along.

It's story time...

Meet a remarkable mother on a journey of self-discovery and transformation. This mother, like many, was devoted, patient, and successful, but there was an underlying sense of discontent.

Juggling the demands of motherhood, she found herself putting her dreams on hold, waiting for a future where her children would stand on their own feet, a testament to her mothering skills.

One day, a realization dawned upon her – she had more potential waiting to be unlocked. Rather than waiting for her children to become independent, she decided to pursue her dreams now. The vision was clear: financial freedom and a life of significance and impact. The question lingered – was it possible to achieve this without burning out, especially amid a busy life filled with various responsibilities?

Undeterred, she took the first steps toward her dreams, navigating through the chaos of her daily life. However, after three months, progress seemed elusive, and at six months, discouragement set in. That's when she made a crucial decision – to seek help.

Enter the game-changer: a coach who not only understood the challenges of motherhood but had walked a similar path toward significance and fulfillment. This wasn't just about financial success; it was about crafting a life that resonated with purpose and avoiding the pitfalls of burnout and mom guilt.

With a **personalized approach** and guidance from someone who empathized with her journey in just ninety days, she achieved what seemed like a distant destination just half a year ago. The transformation was not only evident in her accomplishments but in the newfound balance and fulfillment she experienced.

This story is a testament to the power of having a guiding hand on your journey. A coach that will provide the support, wisdom, and personalized strategy you need to turn your dreams into reality. If you've ever wondered about the benefits of having a life coach, this story illustrates the incredible difference it can make in ninety days compared to struggling alone for years.

Would you like to learn more? **Schedule a call** to discuss how I can guide you along your journey to significance and impact.

Stay FIERCE. I love you,

Ugochi

Was this email forwarded to you? **Sign up** to receive your weekly dose of encouragement and motivation in your inbox.

Was this email beneficial? Please reply and let me know. I read every email.

QUOTE OF THE DAY

"The strong individual is the one who asks for help when they need it." - Rona Barrett

Whenever you're ready, there are two ways I can help you:

1. The FIERCE Catch Fire Kit – The kit is [available](#)! What if you could be the mother your family needs without putting your dreams on the back burner? Your goals still matter; going after them is possible without neglecting your family. I'll show you how. Your purchase makes a difference! 15% of all bundle proceeds go toward my non-profit project helping vulnerable children in Nigeria. Click [here](#) to learn more.

2. If you would like a more customized and personalized approach, it would be my absolute pleasure to work with you 1:1. Reply to this email or [book a call](#) and let's [chat](#).



UGOCHI ONYEWU
AUTHOR • SPEAKER • THOUGHT LEADER

📞 301.327.4485 📷 in ✉️ 🌐



FIERCE Mothers

8720 Georgia Ave, Silver Spring
United States of America

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