



FIERCE WEDNESDAYS

Hey FIERCE Mama,

Welcome to the FIERCE Wednesdays newsletter, where I provide weekly tips and stories to help visionary moms fulfill their purpose and love life. I do this every other week through my FIERCE methodology, which you can read in four minutes or less. Each tip/story will fall into one of my six-step FIERCE methodology steps. Click [here](#) to learn more about the FIERCE methodology.

This week, I am reflecting on challenges and the power of seeking divine reinforcements. Life's challenges do not discriminate; they touch us all. Just last week, my series of trials began with something as seemingly trivial as losing my front door key. By the

weekend, I was grappling with distressing news and a critical, ongoing situation, and as this week unfolded, a family crisis demanded my heart and energy.

During such times, when every corner seems shadowed by difficulties, it can feel like we're floundering in deep waters, struggling to keep our heads above the surface. In these exact moments, when our steam and ideas run dry, the need to cry out for help becomes not just a choice but a necessity.

The Psalm of Reinforcements

This evening, a dear friend drew my attention to the Message translation of Psalm 20, a scripture that speaks powerfully about heavenly reinforcements in times of distress:

“GOD answer you on the day you crash, The name God-of-Jacob put you out of harm's reach, Send reinforcements from Holy Hill, Dispatch from Zion fresh.”

This passage reminds us that help, especially divine help, is often just a prayer away. When everything around you seems to be crashing down, it's vital to maintain a heart full of joy and expectation.

The Power of Joy and Expectation

I want to remind you to hold onto joy and keep your heart expecting the best, even when things look bleak. Joy isn't just about feeling happy; it's a powerful force, a defiance against the turmoil. It's the firm ground under your feet when everything else is shaking. Expecting help, especially divine help, can shift things. It keeps our spirits lifted, waiting for that break in the clouds.

The Tribe on Your Sidelines

I recently watched an interview with Venus Williams, who emphasized the undeniable presence and importance of her support team despite the solitary nature of tennis. They might not be on the court, but their engagement and commitment are as intense as hers. This resonated with me deeply. Like Venus, you may feel alone in your struggles, but remember, there is a tribe of

people — family, friends, spiritual companions — who stand on the sidelines of your life, cheering for you, praying, and invested in your success.

Holding on to Faith

No matter the season you are in, always remember that divine help and earthly love are available to you. Those who cheer you on from the sidelines are as committed to your success as you are. Their cheers and prayers are part of the divine reinforcements sent your way. You may be running the race but never running it alone.

A Closing Prayer

Psalm 20: 1-4 New Living Translation

"1 In times of trouble, may the Lord answer your cry.

May the name of the God of Jacob keep you safe from all harm.

2 May he send you help from his sanctuary
and strengthen you from Jerusalem.

3 May he remember all your gifts
and look favorably on your burnt offerings.

4 May he grant your heart's desires
and make all your plans succeed."

May the coming days find you surrounded by joy, buoyed by expectation, and comforted by the reinforcements—both seen and unseen—that rally around you.

Stay FIERCE and relentless in your pursuit of significance!

Ugochi

Was this email forwarded to you? [Sign up](#) to receive your weekly dose of encouragement and motivation in your inbox.

QUOTE OF THE DAY

"In the midst of winter, I found there was, within me, an invincible summer." – Albert Camus.

Whenever you're ready, there are two ways I can help you:

1. The FIERCE Catch Fire Kit - The kit is [available](#)! What if you could be the mother your family needs without putting your dreams on the back burner? Your goals still matter; going after them is possible without neglecting your family. I'll show you how. Your purchase makes a difference! 15% of all bundle proceeds go toward my non-profit project helping vulnerable children in Nigeria. Click [here](#) to learn more.

2. If you would like a more customized and personalized approach, it would be my absolute pleasure to work with you 1:1. Reply to this email or [book a call](#) and let's [chat](#).



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