



FIERCE WEDNESDAYS

Hey FIERCE Mama,

Welcome to the FIERCE Wednesdays newsletter, where I provide weekly tips and stories to help visionary moms fulfill their purpose and love life. I do this weekly through my FIERCE methodology, which you can read in four minutes or less. Each tip/story will fall into one of my six-step FIERCE methodology steps. Click [here](#) to learn more about the FIERCE methodology.

I hope this week finds you enjoying the summer amidst the swirl of kids' activities and finding time to enjoy quiet moments to refresh and recharge.

If you live in the United States, you will agree that a lot is happening concerning the political landscape and the upcoming presidential election in November. Wherever you are, you must have heard of all the recent happenings. Over the last few days, there has been a buzz around Kamala Harris, and regardless of your party affiliations, we are witnessing potential history in the making.

In that context, I am discussing navigating uncertain times in our personal lives, particularly when standing on the precipice of something exciting but scary.

It's like those moments just before a thunderstorm when the air is charged with electricity—you know something powerful is about to happen, yet you can't predict precisely how it will unfold. There's that inevitable undercurrent of uncertainty, making us wonder how to step forward and grasp the reins without being thrown off balance.

It may be an investment opportunity that could have great rewards or a potential job offer in a different location. Whatever it is, you are likely excited but concerned about taking the wrong step.

I wanted to share two important thoughts with you—heart to heart—on navigating exciting yet uncertain times, especially when trying to find footing and fulfill purpose.

1. Learn Learn Learn - Learning is a powerful tool when approaching new opportunities. It enhances your skill set and knowledge base and plays a critical role in managing fear and uncertainty. Learning also equips you with the skills and competencies to navigate new challenges effectively. As your expertise grows, so does your confidence. Informed decisions are generally better decisions. **Learning as much as you can about a new opportunity allows you to weigh the pros and cons more effectively.** leading to decisions that are more confident and more likely to result in success. By embracing the learning process, you better equip yourself to succeed and transform potential anxieties into opportunities for personal and professional growth.

2. Listen to Internal Nudgings - Let's pray earnestly about the opportunity and then tune in to what we sense in the quiet moments—maybe early in the morning before the house wakes up or during a late-night walk. Reflecting on what we genuinely want and stand for can help guide our steps forward. Sometimes, the best answers come from within when we give ourselves the space to listen. For Christians, the Holy Spirit is not just a passive presence but an

active and dynamic force that provides divine guidance for decisions that reflect our faith and convictions. We can trust Him to open our hearts and minds to new possibilities and perspectives and prompt us toward actions and opportunities that might otherwise go unnoticed but may be significant steps in the right direction.

Navigating these political and personal times is about staying afloat and steering our boats with intention and grace. We may not have all the answers, but staying informed and sensitive to internal nudgings means we can remain balanced and steady, regardless of the times.

I celebrate you, dear visionary mama, and would love to be a part of your journey and [support you](#).

Stay FIERCE and relentless in your pursuit of significance!

Ugochi

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QUOTE OF THE DAY

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less." - Marie Curie.

Whenever you're ready, there are two ways I can help you:

1. The FIERCE Catch Fire Kit - The kit is [available](#)! What if you could be the mother your family needs without putting your dreams on the back burner? Your goals still matter; going after them is possible without neglecting your family. I'll show you how. Your purchase makes a difference! 15% of all bundle proceeds go toward my non-profit project helping vulnerable children in Nigeria. Click [here](#) to learn more.

2. If you would like a more customized and personalized approach, it would be my absolute pleasure to work with you 1:1. Reply to this email or [book a call](#), and let's [chat](#).



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