









FIERCE WEDNESDAYS

Hey FIERCE Mama,

Welcome to the FIERCE Wednesdays newsletter, where I provide weekly tips and stories to help visionary moms fulfill their purpose and love life. I do this weekly through my FIERCE methodology, which you can read in four minutes or less. Each tip/story will fall into one of my six-step FIERCE methodology steps. Click here to learn more about the FIERCE methodology.

Each week, we explore ways to manage the demands of motherhood and thrive within them.

Today, I am discussing preparing for life's big moments, those pivotal points that can define our paths. Every life will have several big moments, and how

we live each day will determine how prepared we are for those big moments. Robin Sharma says, "How we do small things determines how we do everything." The idea that "How you do anything is how you do everything" really means that the little things we do everyday shape who we are. It's like saying that even simple tasks like doing laundry or taking out the trash are important. When you handle these small things well, it shows you've got good habits and a solid work ethic.

Let's say you're getting ready for something big, like a major job promotion or project. If you've always been careful and thorough with the little things, you'll likely be ready to take on more significant challenges. This isn't just about being good at your job; it's about showing you can handle responsibility, stay organized, and keep cool when things get tough.

Being "faithful with little" is also about showing true character. It means taking your responsibilities seriously and doing what you're supposed to do, even when no one else is looking. This kind of attitude can lead to trust and respect from others. It might not mean becoming rich or famous, but it does mean growing into the best version of yourself and being ready for your "big moment."

Life's big moments are not always about the spotlight or public accolades. It could be a personal challenge, a major decision, or an opportunity that, if missed, might change the direction of our lives. Life doesn't always give us a heads-up before these moments, so being prepared is vital.

Taking Inspiration from Joseph

Remember Joseph from the Bible? His life was a series of dramatic ups and downs, right? He was sold by his brothers and ended up in Egypt, and then from a prisoner to interpreting Pharaoh's dream—his big moment! His story highlights how unseen preparation plays a massive role when those big moments arrive.

Here are a few ways to prepare for life's big moments, using the life of Joseph as an illustration:

- **1. Daily Growth:** Joseph's challenges—each betrayal and setback—were prep sessions for his future. Similarly, every little task or hurdle we face quietly prepares us for bigger things. Let's value our daily growth, learning from each little interaction and every challenge we overcome.
- **2. Stick to Your Values:** Think about when Joseph could've taken the easy way out with Potiphar's wife but chose to stick to his morals. It's a powerful reminder for us, too. Sticking to our core values, especially when it's tough, builds a foundation that holds us steady during those big life moments.
- **3. Patience, Faith, and Prep:** Joseph's stint in prison tested his patience, but he kept his faith. Sometimes, our "prison" might be feeling stuck in our daily routine or facing unending challenges. Keeping faith that things will get better and being patient is essential. The results might not be immediate, but they're

forming. Beyond just skill-building, preparing our minds and hearts is crucial. Regular self-reflection and introspection help us better understand ourselves, equipping us to handle big moments more gracefully.

4. Build Your Tribe: Joseph found allies even in unlikely places. Let's remember to nurture relationships with those who support and uplift us. **A strong support network** can make all the difference when facing big tests.

Chatting about Joseph's life makes me think about how we're continuously preparing for our big moments, perhaps without even realizing it. As you navigate motherhood, your career, business, marriage, or personal growth, every bit of it is preparation for the big stages of life.

So, let's keep building ourselves up, staying true to our values, and leaning on each other. Taking care of everyday, seemingly mundane tasks with excellence can be great preparation and a stepping stone to achieving more significant things. It's about living intentionally and recognizing that everything you do is part of becoming who you're meant to be.

I celebrate you, dear visionary mama, and would love to be a part of your journey and <u>support you</u>.

Stay FIERCE and relentless in your pursuit of significance!
Ugochi

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QUOTE OF THE DAY

Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much." - Luke 16:10 (NIV)

Whenever you're ready, there are two ways I can help you:

1. The FIERCE Catch Fire Kit - The kit is <u>available</u>! What if you could be the mother your family needs without putting your dreams on the back burner? Your goals still matter;

going after them is possible without neglecting your family. I'll show you how. Your purchase makes a difference! 15% of all bundle proceeds go toward my non-profit project helping vulnerable children in Nigeria. Click <u>here</u> to learn more.

2. If you would like a more customized and personalized approach, it would be my absolute pleasure to work with you 1:1. Reply to this email or book a call, and let's chat.











FIERCE Mothers

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